

# The Dance of Parenting: When to Lead, When to Follow

A Class for Parents and other Caregivers

**Tuesdays and/or Wednesdays, 9:30 to 10:45 am; January 16 to February 28, 2018**

**SEA STAR VILLAGE PARENT CENTER, 611 Heliotrope Avenue, Corona del Mar, CA 92625**

---



*Is authority an important part of parenting? When do I lead? When should I trust and follow my child's lead? How do we build a respectful partnership?*

Parenting advice is abundant and sometimes confusing in our world today. In particular, many parents struggle to know when to follow their child's lead versus when to establish limits and boundaries. In this class, we will hone in on the essential elements of authority and trust, two foundational steps in the dance of any parent-child partnership. By learning to balance authority and trust, you can embrace your parenting role with calm confidence and give your child a foundation for self-discipline and healthy relationships.

**Tuition for 6-week course: \$275, which includes all reading material.**

**Additional \$30 supply fee if you want to participate in the handwork portion of class.**

**To register, please contact Sea Star Village at 949-226-7033 or [info@seastarvillage.org](mailto:info@seastarvillage.org).**

The class will be led by Christina Sbarra, an experienced educator and parent, a trained Waldorf teacher, and the Director of Sea Star Village.